

Media: Sleep Gadgets

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Somnex | The Sleep Show 2018 – tech roundup

A roundup of the latest sleep tech at the London Somnex Sleep Show 2018

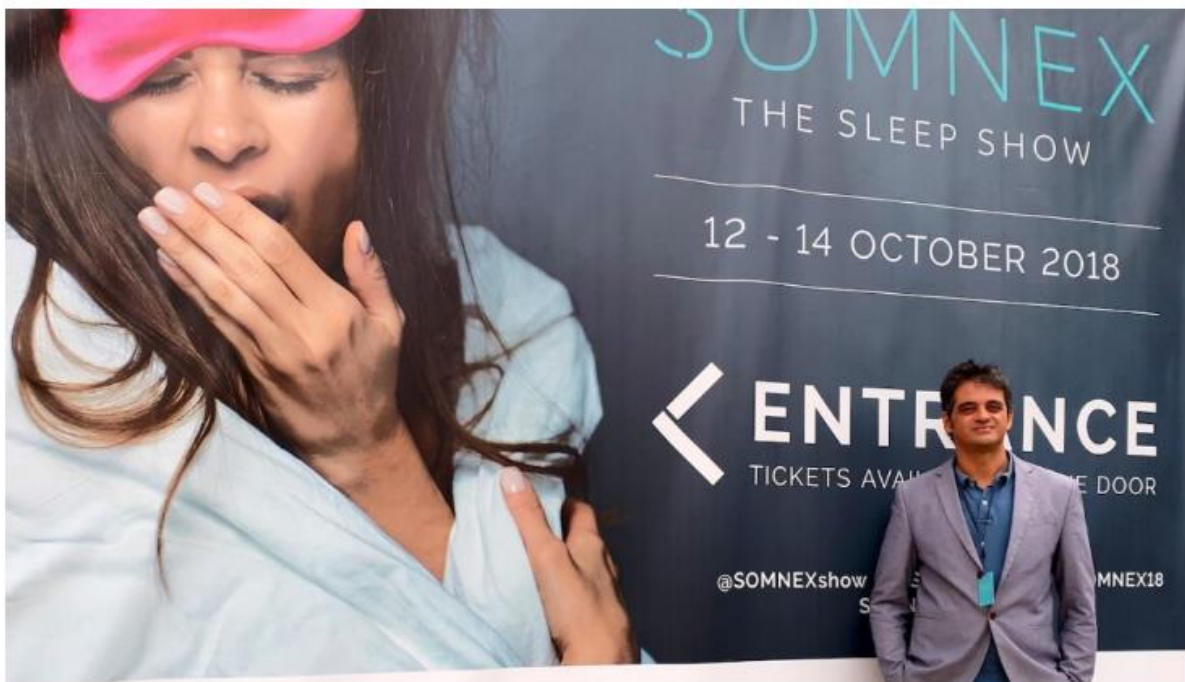


Jeff Mann |



October 22, 2018

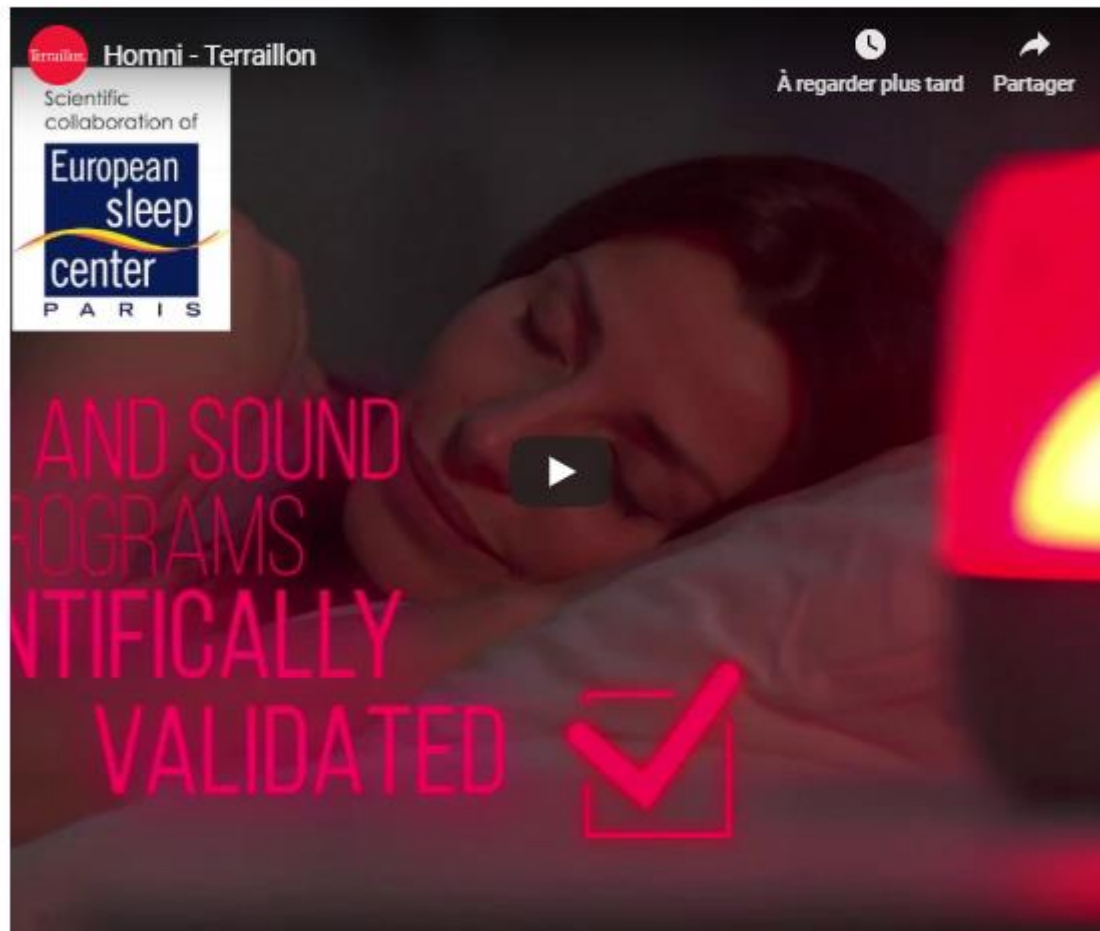
BLOG



Jeff Mann reports on the best sleep gadgets and technology on display at Somnex 2018 in London.

Homni

Also new on the block is Homni, a smart circadian lighting product from French company Terrailon. Homni is the first sleep technology product for the hundred year-old brand, which is well-known for their range of home and kitchen products.



Designed in collaboration with the European Sleep Center, Homni is a smart solution that's designed to blend effortlessly into your bedroom, and offer a range of scientifically-designed fall asleep and wake up programs.

The touch-sensitive lamp gives you access to 16 million colours to create your own mood lighting. Homni also features built-in environmental sensors to detect temperature, humidity, noise and ambient light.

Included with Homni is the Dot sleep sensor which attached to your pillow to track your sleep analytics throughout the night. Using the Wellness Coach app, data from the various Homni sensors is gathered to provide feedback and tips to improve your sleep.

<https://www.terrailon.com/en/homni>